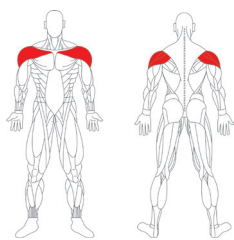




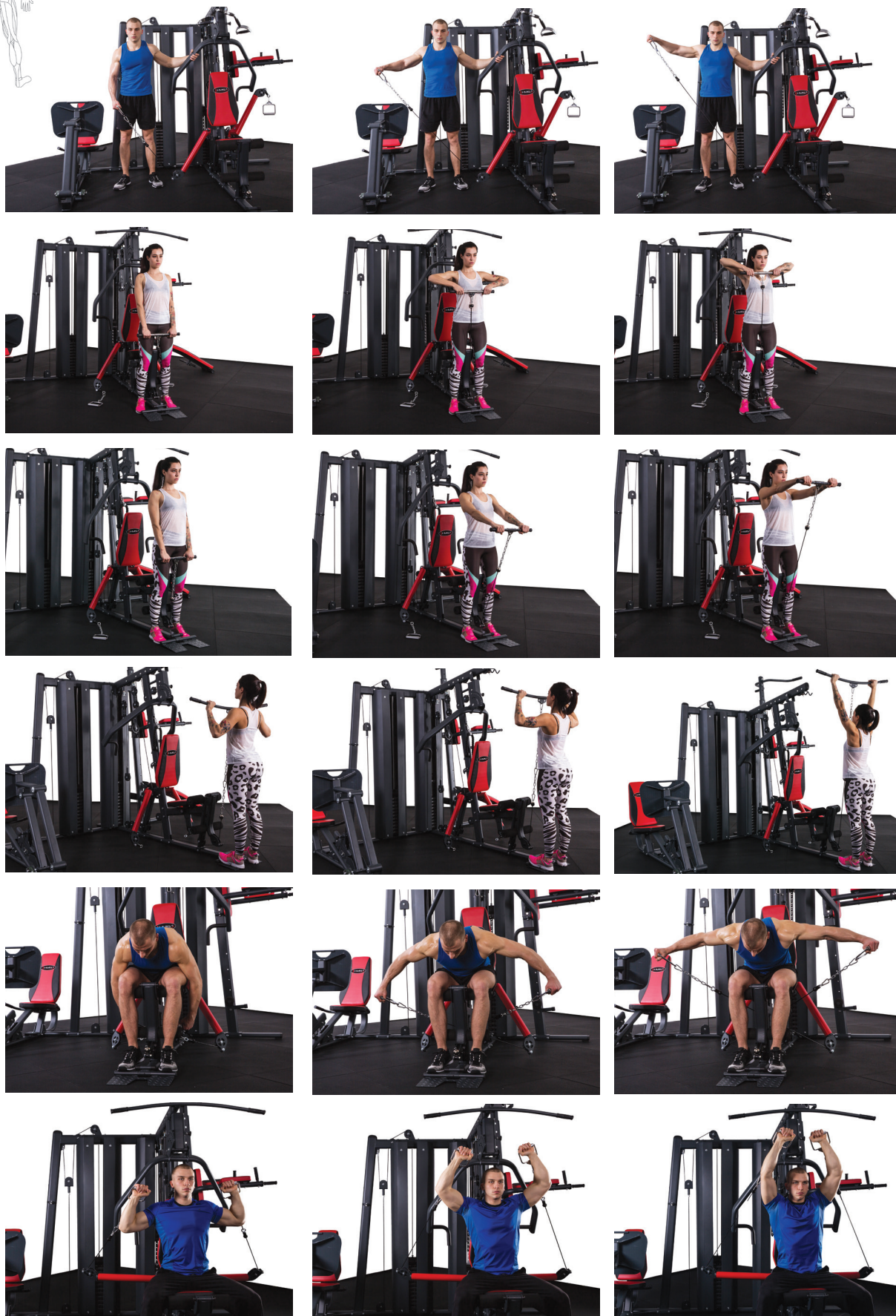
TYTAN 15

PL ZESTAW ĆWICZEŃ GB EXERCISE LIST CZ SESTAVA CVIKŮ

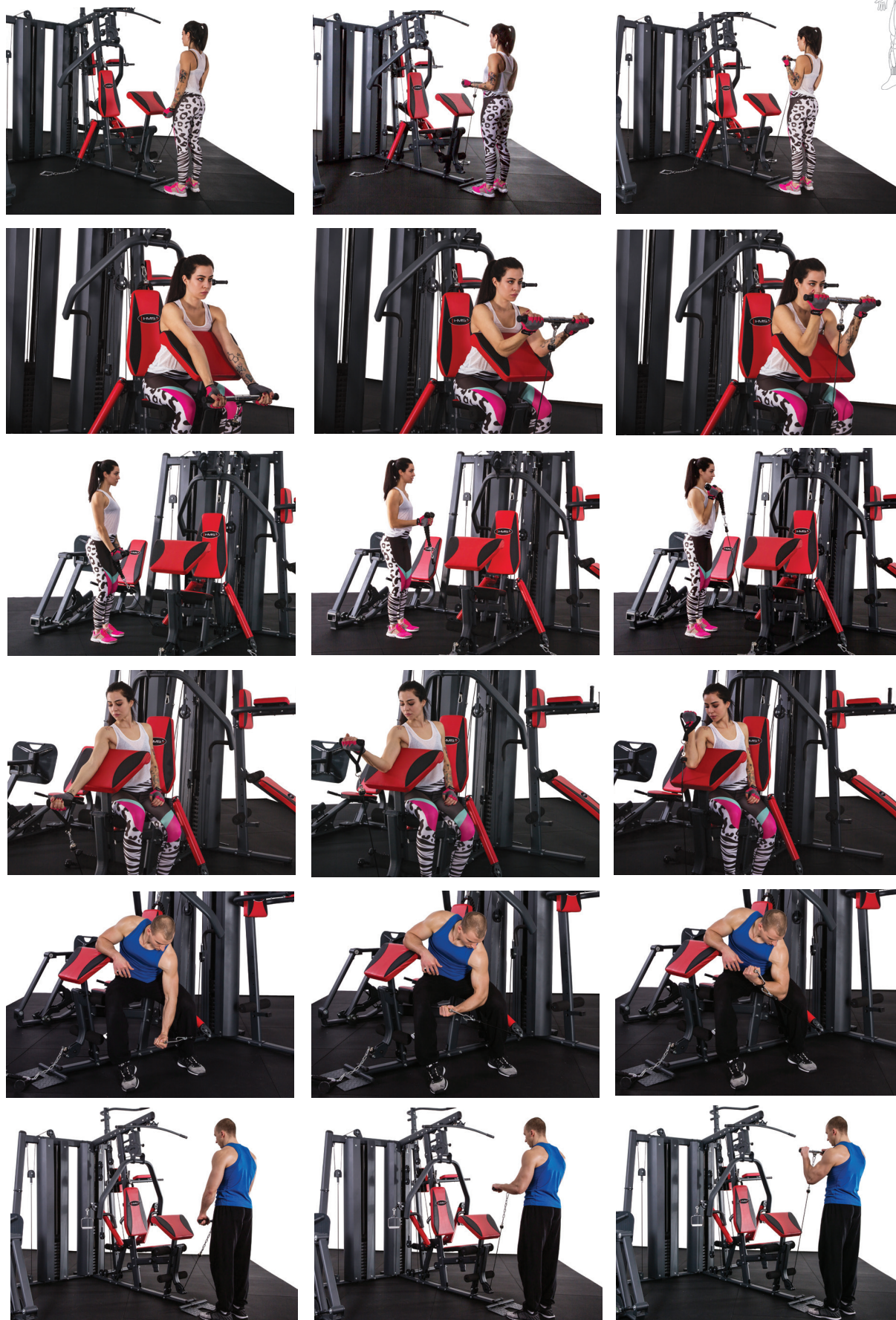
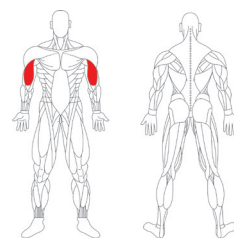
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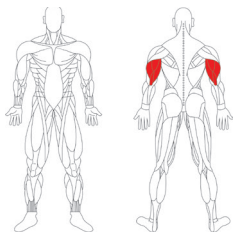


TRENING MIĘŚNI NARAMIENNYCH / SHOULDER MUSCLES TRAINING / TRÉNINK RAMENNÍHO SVALSTVA

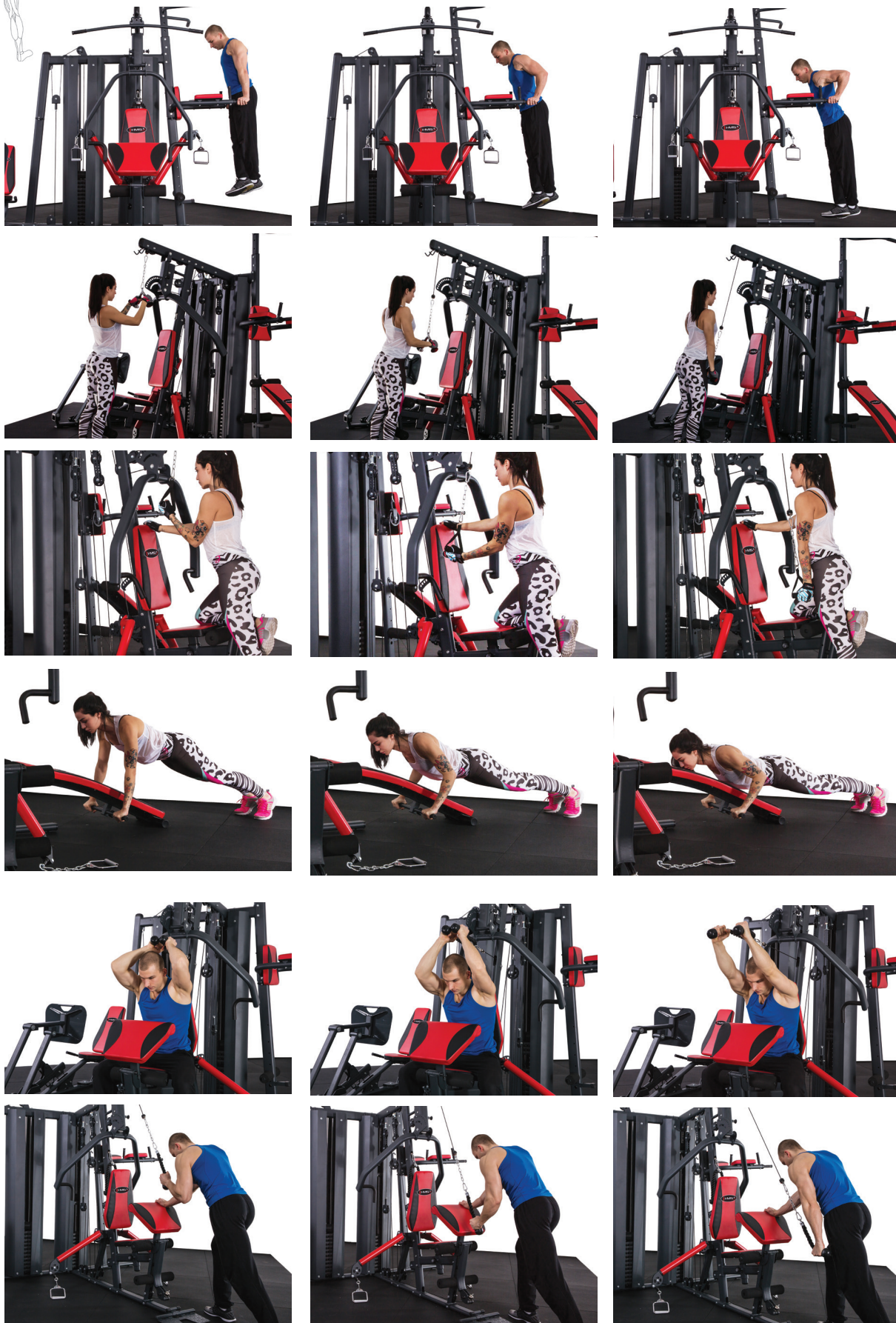


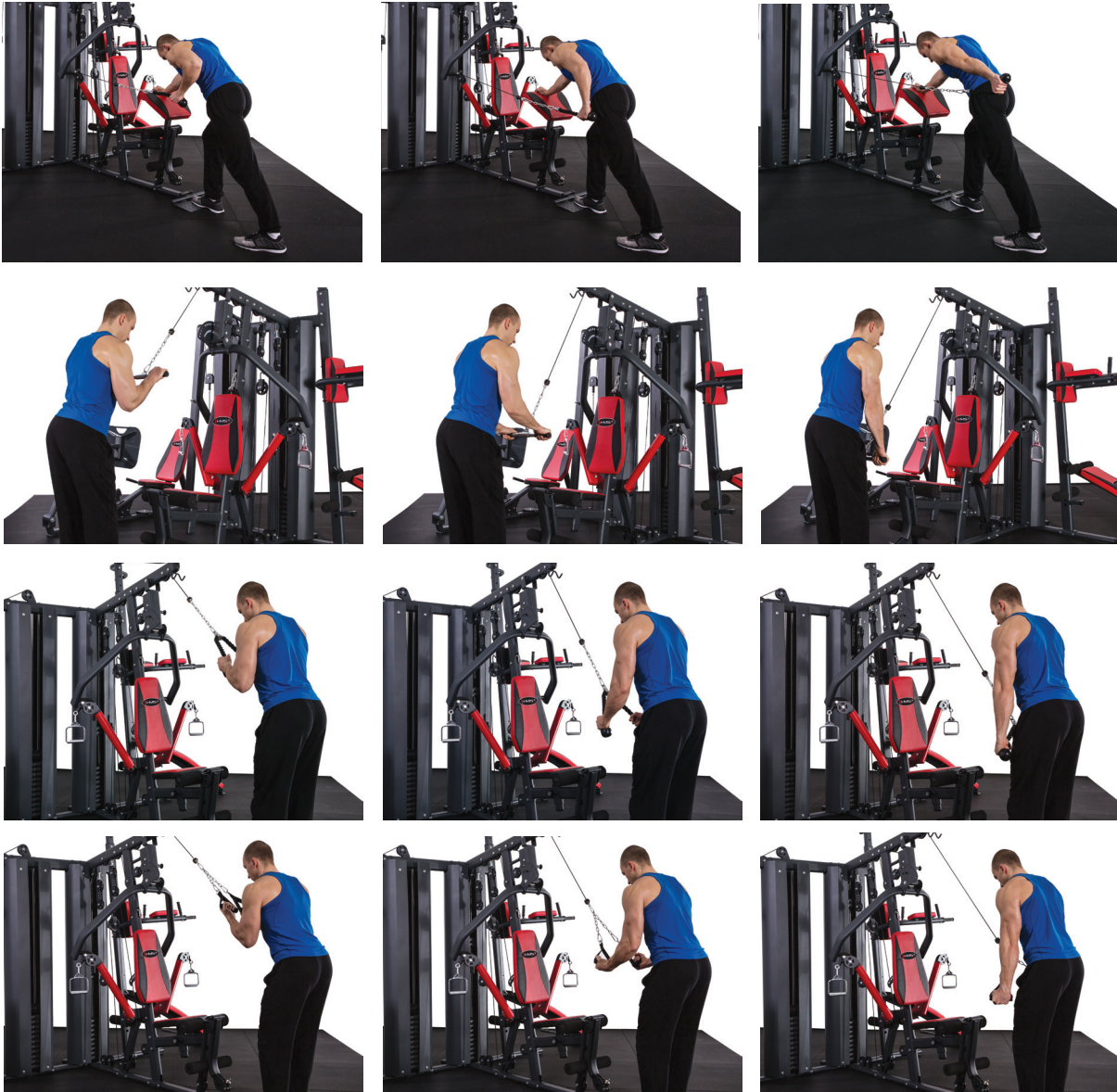
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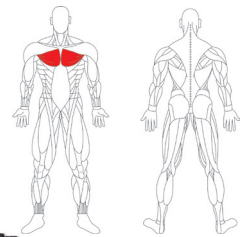


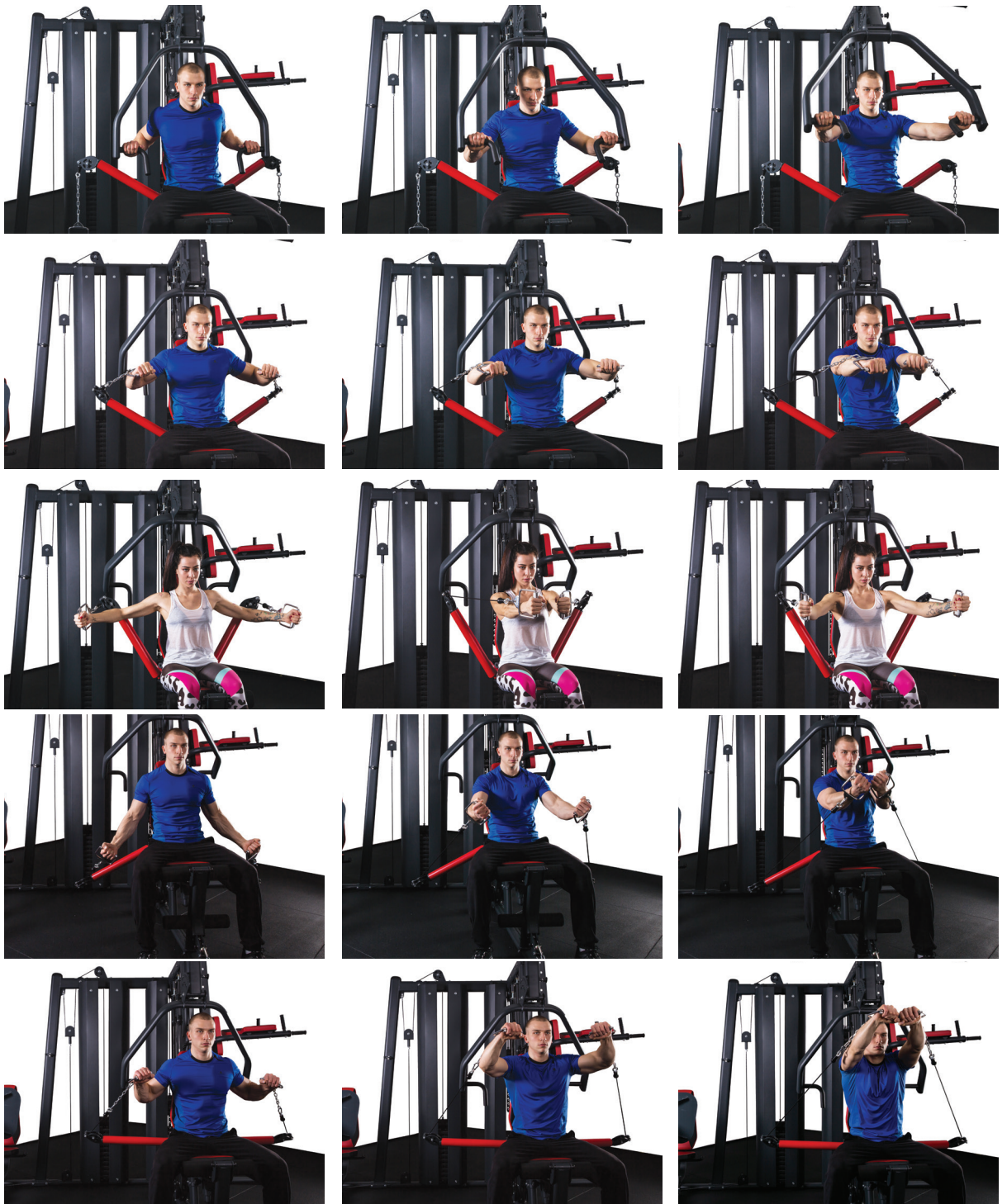
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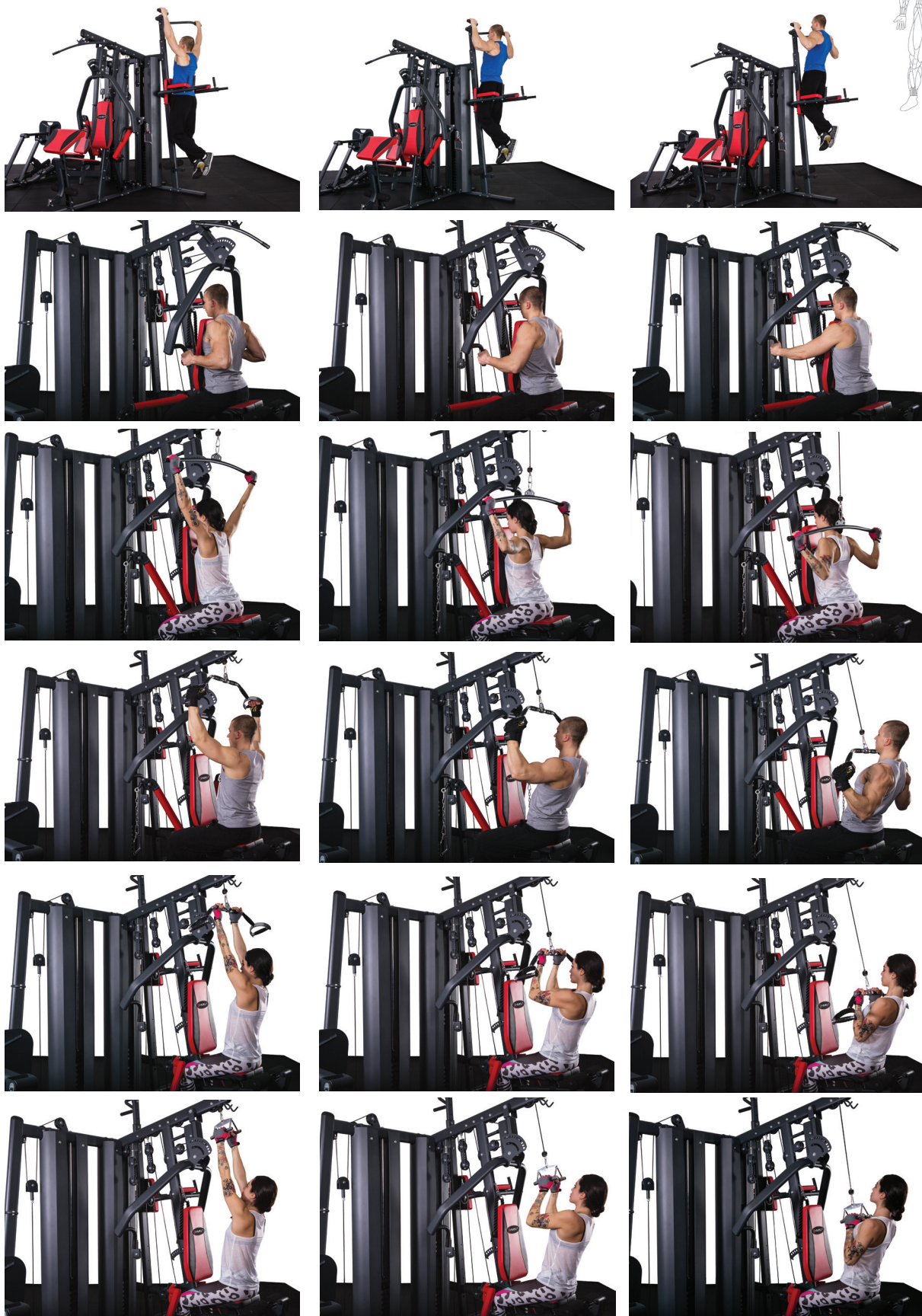
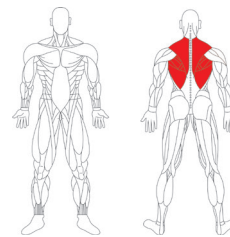


TRENING MIĘŚNI KLATKI PIERSIOWEJ / CHEST TRAINING / TRÉNINK PRSNÍHO SVALSTVA



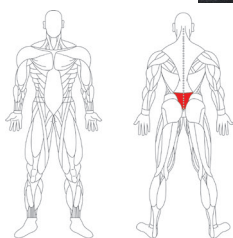


TRENING MIĘŚNI NAJSZERSZYCH GRZBIETU / LATISSIMUS DORSI MUSCLE TRAINING / TRÉNINK ZÁDOVÉHO SVALSTVA

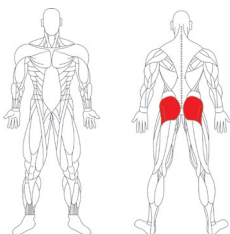




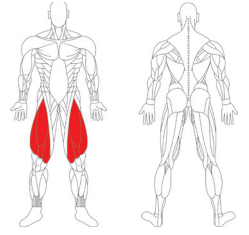
TRENING PROSTOWNIKA GRZBIETU / ERECTOR SPINAE BACK MUSCLES TRAINING / TRÉNINK BEDERNÍHO SVALSTVA

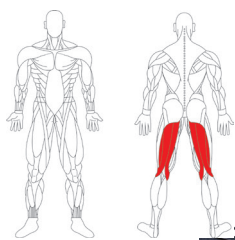


TRENING MIĘŚNI POŚLADKOWYCH / BUTTOCKS MUSCLE TRAINING / TRÉNINK HÝŽĎOVÉHO SVALSTVA

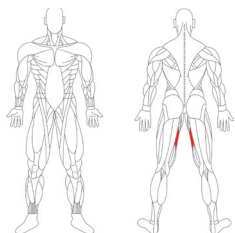


TRENING MIĘŚNI CZWOROGŁOWYCH UDA / QUADRICEPS MUSCLE TRAINING / TRÉNINK ČTYŘHLAVÉHO SVALU

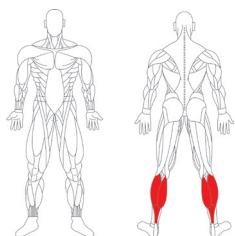




TRENING MIĘŚNI DWUGŁOWYCH UDA / FEMORAL BICEPS TRAINING / TRÉNINK DVOUHLAVÉHO SVALU



TRENING MIĘŚNI PRZYWODZICIELI UDA / THIGH ADDUCTOR TRAINING / TRÉNINK STEHENNÍHO SVALSTVA



TRENING MIĘŚNI ŁYDEK / CALVES TRAINING / TRÉNINK LÝTKOVÉHO SVALSTVA





x 2 szt.



x 1 szt.



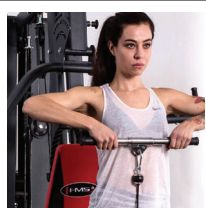
x 2 szt.



x 1 szt.



x 1 szt.



x 1 szt.



x 1 szt.



x 1 szt.



x 1 szt.



x 1 szt.



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